

## Lesson 2 – WALT use the text to answer VIPER questions.

- **WALT use the text to answer questions about Usain BOLT.**
- In What year was Bolt born (retrieve)
- How has Bolt earned the nickname “Lightning Bolt?” (retrieve)
- How many brothers and sisters did Bolt have? (retrieve)
- What did Bolt spend most of his time doing as a young boy? (retrieve)
- According to the text, at what age did Bolt first start showing his running potential? (retrieve)
- What was the colour of Bolt’s first medal win? (retrieve)
- Why did Bolt’s father think he was so fast? (retrieve)
- Although Bolt trained hard, what used to annoy his coaches? (retrieve)
- What is Bolt’s 100m world record? (retrieve)
- Bolt call himself, “***a living legend***” what does this tell us about his character. Explain your reasoning. (explain and inference)
- If you could describe BOLT in three words, what would they be – use evidence in the text to give you answers (inference)
- What is Bolt’s favourite video game? (retrieve)
- ***Despite his dedication to running, Bolt still enjoys cricket and football and sometimes talks about taking up one of these sports; he is a big fan of Manchester United.*** (Find a word in the sentences above that has a similar meaning to *perseverance*. (vocabulary))
- What does ‘***in the annual, national primary-schools’ meeting***’ mean? (vocabulary)
- Can you summarise in less than 50 words some of the **key parts** of Bolt’s life so far. (summarise)

Usain Saint Leo Bolt was born on the 21<sup>st</sup> of August 1986 in Sherwood Content, a small town in [Trelawny](#), Jamaica. He is a World and Olympic champion [sprinter](#) and many people believe he is the fastest person ever, which has earned him the nickname 'Lightning Bolt'!

Usain Bolt grew up with his parents, Wellesley and Jennifer Bolt, his brother Sadiki and his sister Sherine. His parents ran the local grocery store. Bolt's family attended the local Catholic Church and even today, he still makes the sign of the cross before all of his major events. As a boy, all of Bolt's free time was spent playing [cricket](#) and [football](#) in the street with his brother. He was sports mad!

As a child, Bolt attended Waldensia Primary, where he first began to show his sprinting potential, running in the annual, national primary-schools' meeting for his area. By the age of twelve, Bolt had become the school's fastest runner over [100 metres](#). Usain's father, Wellesley put his speed down to 'Yam Power'! (Yams are an important part of the Jamaican diet.)

Bolt then went to [William Knibb](#) Memorial High School, where he still enjoyed playing team sports, but because he was such a fast sprinter, his teachers encouraged him to try track and field events. The school had a history of success in athletics with past students, so he was in good hands, winning his first medal (a silver one) in the [high school championships](#) in 2001. Bolt was so good, that a former Olympic sprinter, Pablo McNeil decided to train him. (This meant he would become his coach.) Bolt usually trained hard but Pablo was sometimes annoyed by Bolt's practical jokes!

At the age of 15, Bolt took part in the 2002 World Junior Championships in Kingston, Jamaica, where he won the 200-metre race. This made him the youngest world-junior gold medallist ever.

In 2005, Bolt got a new coach, Glenn Mills. This was the year he also reached the world Top 5 rankings. However, he was prevented from further success by a recurring hamstring injury.

Then, in 2007, Bolt got his big chance. He broke the Jamaican 200-metre record and earned two silver medals at the World Championship in Osaka, Japan. Bolt decided he really could achieve success as a sprinter and began to take his career more seriously. He qualified for the 2008 Summer Olympics in Beijing, China and went on to win gold in both the 100 and 200 metre events - even breaking a world record in the 100metre final, winning in 9.69 seconds! Bolt achieved a third gold medal in Beijing as part of the Jamaican relay team.

Usain Bolt went on to defend all of his Olympic gold medals during the 2012 Summer Olympic Games in London. This included beating his own record for the 100metres, running it this time, in 9.63 seconds! Bolt is the first man to win both the 100 and 200 metres in consecutive Olympic Games. He is also the first man in history to set three world records in a single Olympic Games competition! Despite his dedication to running, Bolt still enjoys cricket and football and sometimes talks about taking up one of these sports; he is a big fan of Manchester United.

Bolt's other interests include music, especially reggae - once acting as a DJ to a large party in Paris. He also enjoys video games. His particular favourite is Call of Duty which he plays online.

Whatever the future holds for Usain Bolt, you can bet it won't be boring. He is, in his own words, 'a living legend' and with him anything could happen!

Information from Wikipedia and Usain Bolt.Biography