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| Animals including Humans | | | | | | |
| Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 |
| WALT: give reasons why humans need to exercise. | WALT: describe how and why we should keep ourselves clean. | Experiment/Assessment |  |  |  |  |
| Key Vocabulary | | | | | | |
| 1. Exercise, physical activity, heart, muscles, calories.  2. Clean, brush, wash, hygiene, germs. | | | | | | |
| Milestone Indicator | | | | | | |
| Animals and humans   * Describe the importance for humans of exercise, eating the right amounts of different types of food and hygiene. (Wk1, Wk2) | | | | | | |