

What were seaside holidays like in the past?

Today we are learning:

About how and when seaside holidays
became popular.

What do you most like about going to the seaside?



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Going to the seaside on holiday hasn't always been something that people have done. A long time ago, it was only very rich people who went to the seaside. Before cars, trains and aeroplanes were invented, it was very difficult for people to travel as it took a long time for them to get to places using horses and carriages. Most people couldn't afford to do this.

Rich people started visiting the seaside around 200 years ago. This picture shows what a rich family would have looked like 200 years ago. These people would go to the seaside because they thought the fresh air and bathing in the sea was good for your health.



About 150 years ago, there was an invention that changed this. The steam train made it possible for lots of people to travel to the seaside. It was quick and cheap.



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As the steam train became more popular, more and more people starting going to the seaside for day trips, weekends or holidays. For the first time, poorer people who lived in busy, dirty cities could come to the seaside to enjoy the fresh air, the sand and the sea.



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Going to the seaside became a British tradition. During the summer, trains would be packed full of people going to the seaside. For most people, a week beside the sea was the best part of the year and something to look forward to.

Even though seaside holidays are still popular today, they were much more popular 100 years ago. There were lots of fun things to do at the beach, lots of other children to play with and lots of nice food to eat.



Can you remember...?

Why was it only rich people to begin with
who went to the seaside?



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Can you remember...?

Why did trains make going to the seaside
more popular?



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Can you remember...?

What was it about the seaside that people thought was good for your health?



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